









"You've got to ask yourself a question, Do I feel lucky?" ~Harry Callahan



Summer Warriors, work hard, play hard, but don't leave it up to luck, "get to know your limitations." In 2003, there were 223 sports and recreational mishaps resulting in: 1,755 days on quarters, and 232 days in the hospital costing the Air Force nearly 10 million dollars in medical and associated expenses. Lost days due to sports and recreational injuries put a strain on everyone because your workload doesn't go away when you're not there to do it. Summer sports and recreational activities help build friendships and memories that can last a lifetime; make them good ones.